



Menstrual Hygiene Matters - A resource for improving menstrual hygiene around the world

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The resource has been produced at WaterAid by Sarah House, Thérèse Mahon and Sue Cavill, with inputs from a wide range of individuals and organisations who have shared their experiences and resources through documentation, interviews and focus group discussions. The resource was jointly funded by SHARE and WaterAid.

The main purpose of this resource is to provide a comprehensive resource on menstrual hygiene that supports the development of context-specific information for improving practices for women and girls in lower- and middle-income countries.

This will be achieved through :

Bringing together examples of good menstrual hygiene practice from around the world, related to policies, strategies, programmes and interventions, so that knowledge can be shared and adapted to different contexts.

Providing guidance on building the competence and confidence of WASH and other sector staff to start engaging in menstrual hygiene and break the silence surrounding the issue.

Encouraging increased engagement in advocacy on menstrual hygiene and encouraging relevant sectors to collaborate for effective advocacy and implementation.